



## Sedation Instructions

Conscious (intravenous) sedation is not general anesthesia, but you can expect a significant reduction of fear and anxiety immediately, which should allow you to tolerate your procedure(s) more easily. While general anesthesia is also an option, it must be administered in the hospital surgery center by an Anesthesiologist. Conscious sedation can be administered in our clinic.

**Do NOT eat or drink for 8 (eight) hours prior to your appointment. Please stop all GLP1s 7 days prior to procedure. (Wegovy, Semaglutide, Trulicity, Dulaglutide, Mounjaro, Tirzepatide, Zepbound, Ozempic, Saxenda, Victoza)** You must arrive with an empty stomach. You may take regular medication (high blood pressure, diabetes, or thyroid medication) with a small sip of water. Please wear clothing with short sleeves or loose-fitting sleeves.

In addition, you must have a responsible adult drive you home and stay with you until you can care for yourself. Do NOT drive or operate heavy machinery for the remainder of the day. **If you do not have a ride or your ride leaves, your procedure will be cancelled!**

Possible risk/complications of conscious sedation include IV insertion site discomfort, swelling, hematoma, infection, or allergic reaction to medication administered. Nausea and/or vomiting, although rare, is a possible side effect. Conscious sedation is a medical procedure and although considered safe, carries with the risk of heart irregularities, heart attack, stroke, brain damage and in extremely rare situations, even death.

**Sedation is not a covered benefit from insurance, patients' responsibility is \$185**

Thank you,

Interventional Pain & Spine